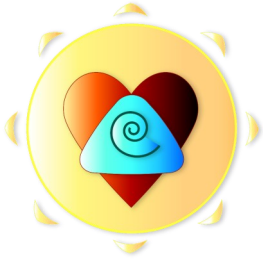


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**YOUR FULFILLMENT GRID ~ CREATE A LIFE YOU LOVE**

**Your 5 Levels of Fulfillment in the 8 Areas of Your Life**

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Each Aspect & Area of Your Life (Fill out this chart to see what Fulfillment is for you.)	What I do that PHYSICALLY Fulfills Me is...	What I do that MENTALLY Fulfills Me is...	What I do that EMOTIONALLY Fulfills Me is...	What I do that SPIRITUALLY Fulfills Me is...	What the DIVINE wants me to do that Fulfills Me is...	FULFILLMENT requires that I be, do or have what? (Next Step for you to take.)
Your Career & Profession						
Your Money & Finances						
Personal & Spiritual Growth / Development						
Rest, Fun & Relaxation						
Your Health & Well Being						
Physical Environments (Home & Work)						
Your Primary Relationships						
Your Other Relationships						

Get a FREE 20 min. Coaching Session with Suzanne by filling this sheet out & email it to [Suzanne@YourNextStepCoach.com](mailto:Suzanne@YourNextStepCoach.com) or call 530-589-5552.